



SINUS RINSE KIT



WHAT IS A SINUS RINSE KIT?

A Sinus Rinse Kit is a product made by NeilMed used to lavage your nose. It is useful in cases of Acute and Chronic Sinusitis to help lavage the mucus from the sinuses and rinse allergens from the nasal cavity.



HOW DO I USE IT?

INSTRUCTIONS FOR USE:

1. Fill rinse kit with clean water to the fill line (use distilled water, bottled water or boiled water after cooled).
2. Insert a packet (included in kit) into the bottle of water
3. Lean over the sink or lean over in the shower (preferred) and squeeze gently into one side and then the other. You may require 2 or 3 passes per bottle.



Step 3

IS IT SAFE?

Yes, the sinus rinse kit is safe. Just make sure you are using CLEAN water.